



Effective Health Care

Association between Alcohol Consumption and Hypertension

Next Steps

The nominator is interested in research about the dose-response relationship between alcohol consumption and blood pressure.

Due to limited program resources at this time, AHRQ will not further assess this topic. No further activity on this topic will be undertaken by the Effective Health Care Program.

Topic Summary and Considerations

Topic Name and Number: Association of Alcohol Consumption and Hypertension, #732

Date: 8/16/2017

Key question from the nomination:

What is the dose-response relationship between alcohol consumption and blood pressure?

- Chronic alcohol use has been associated with elevated blood pressure, with some studies indicating a dose-response relationship (1).
- The nominator believes that a review could increase awareness of this relationship and lead to more efforts to reduce alcohol consumption.
- Due to limited program resources at this time, AHRQ will not further assess this topic.

References

1. MR P. Alcohol's effects on the cardiovascular system. Alcohol Res 2017;38(2):219-41.